

## ARE YOU HAPPY YET?

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### WHAT'S RIGHT WITH THE "LAW OF ATTRACTION"

- **What I \_\_\_\_\_ about \_\_\_\_\_ my life.**  
*Proverbs 4:23*
- **My thoughts should focus on the \_\_\_\_\_,  
not the \_\_\_\_\_.** *Philippians 4:8*
- **I \_\_\_\_\_ what I \_\_\_\_\_.**  
*Galatians 6:7-8; Proverbs 13:21; 11:25; Luke 6:31*
- **Wanting to be happy is not \_\_\_\_\_.**  
*John 10:10b; Psalm 145:16*

### WHAT'S WRONG WITH THE "LAW OF ATTRACTION"

1. **God is the one who ultimately determines the course of my life, not the \_\_\_\_\_, and not \_\_\_\_\_.**  
*Proverbs 16:9; John 5:30a*
2. **\_\_\_\_\_ doesn't bring about a happy reality, God, along with \_\_\_\_\_ does.**  
*Romans 12:11; Proverbs 13:4; 21:25*
3. **Seeking personal happiness as my ultimate aim will always end in \_\_\_\_\_.** *Jeremiah 2:13;*  
*Proverbs 21:17; 27:20; Ecclesiastes 2:10-11; Matthew 6:19-21*
4. **Self-seeking pursuits rob me of what is \_\_\_\_\_.**  
*Mark 8:36; Luke 12:16-21; 1 John 2:16*

## THE SECRET TO HAPPINESS

1. **Instead of trying to manufacture my own happiness, let it flow from \_\_\_\_\_.**

*"Lead me in the path of your commands, because that makes me happy."  
– Psalm 119:35 (CEV)*

*Psalm 119:14, 24, 30, 47, 72, 97, 103, 105*

➞ Action Step:

2. **Instead of focusing on what I don't have, be \_\_\_\_\_ with what I do have.**

*"I have learned to be satisfied with the things I have and with everything that happens. I know how to live when I am poor, and I know how to live when I have plenty. I have learned the secret of being happy at any time in everything that happens, when I have enough to eat and when I go hungry, when I have more than I need and when I do not have enough. I can do all things through Christ, because he gives me strength." – Philippians 4:11b-13 (NCV)*

➞ Action Step:

3. **Instead of focusing on what I can get, focus on what I can \_\_\_\_\_.**

*"There is more happiness in giving than in receiving." – Acts 20:35 (TEV)*

*Luke 6:38; 2 Corinthians 9:11a*

➞ Action Step:

4. **Instead of focusing my priority on things that matter most to me, focus on things that matter most to \_\_\_\_\_.**

*"More than anything else, put God's work first and do what he wants. Then the other things will be yours as well." – Matthew 6:33 (CEV)*

*Colossians 3:1-2*

➞ Action Step:

### BOTTOM LINE:

*"Seek your happiness in the Lord, and he will give you your heart's desire."  
– Psalm 37:4 (TEV)*