

RECOVERING FROM RESENTMENT

RELATIONSHIPS: Step it up! – Part 7

Pastor Paul Westbrook

October 27 & 28, 2007

"[LOVE] KEEPS NO RECORD OF WRONGS." I Corinthians 13:5 (NIV)

I. CAUSES OF RESENTMENT

- What people _____.
- What people _____.
- What people _____.

II. THE PROBLEM WITH RESENTMENT

"Watch out that no bitterness takes root among you, for as it springs up it causes deep trouble, hurting many in their spiritual lives." Hebrews 12:15 (LB)

1. It doesn't _____.

2. It makes _____.

3. It affects _____.

"An angry man stirs up strife,..." Proverbs 29:22 (NASB)

4. It affects _____.

"Get rid of all bitterness..." Ephesians 4:31 (NIV)

III. THE CURE FOR RESENTMENT

1. _____.

Job – "...I will not keep silent; I will speak out in the anguish of my spirit, I will complain in the bitterness of my soul." Job 7:11 (NIV)

2. _____.

"Peter...asked, 'Lord, how often should I forgive someone who sins against me? Seven times?' 'No.' Jesus replied, 'seventy times seven!'"
Matthew 18:21-22 (NLT)

Romans 12:18; Ephesians 4:32

Jesus – "...do good to those who hate you, bless those who curse you, pray for those who mistreat you." Luke 6:27-28 (NIV)

3. _____.

"Set your minds on things above, not on earthly things." Colossians 3:2 (NIV)

"...Never avenge yourselves. Leave that to God, for he has said that he will repay those who deserve it." Romans 12:19 (LB)

"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it?..." Isaiah 43:18,19 (NIV)