

RELEASING OUR REGRETS

re.sil.ience – Part 5

Pastor Paul Westbrook

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2. TRUST _____.

“My guilt has overwhelmed me like a burden too heavy to bear.”
Psalm 38:4 (NIV)

“For Christ also died for sins once for all, the just for the unjust, so that He might bring us to God,...” I Peter 3:18 (NASB)

I John 1:3-9

“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” I John 1:9 (NIV)

Romans 8:1, 35-39; Matthew 6:12

3. ACCEPT _____.

1. _____.

Matthew 5:23,24; Romans 12:17,18

“You know my folly, O God; my guilt is not hidden from you.”
Psalm 69:5 (NIV)

“Then I acknowledged my sin to you and did not cover up my iniquity. I said, ‘I will confess my transgressions to the Lord’ – and you forgave the guilt of my sin.” Psalm 32:5 (NIV)

• Enjoy _____.