

RELATIONAL TENSION
Stressed – Part 1
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2 QUESTIONS

- How do I _____ the stress?
- How do I _____ the stress?

“Then James and John, the sons of Zebedee, came to him. ‘Teacher,’ they said, ‘we want you to do for us whatever we ask.’ [v.36] ‘What do you want me to do for you?’ he asked. [v. 37] They replied, ‘Let one of us sit at your right and the other at your left in your glory.’” Mark 10:36, 37 (NIV)

“When the ten heard about this, they became indignant with James and John.” Mark 10:41 (NIV)

“Jesus called them together and said, ‘You know that those who are regarded as rulers of the Gentiles lord it over them, and their high officials exercise authority over them. [v.43] Not so with you. Instead, whoever wants to become great among you must be your servant, [v.44] and whoever wants to be first must be slave of all.’” Mark 10:42-44 (NIV)

Jesus – “For even the Son of Man did not come to be served, but to serve, and to give his life as a ransom for many.” Mark 10:45 (NIV)

We need to...

1. Let go _____.

I Peter 5:5

2. Serve _____.

Mark 9:35

3. Help _____.

“Do nothing out of selfish ambition or vain conceit, but in humility consider others better than yourselves. [v.4] Each of you should look not only to your own interests, but also to the interests of others. [v.5] Your attitude should be the same as that of Christ Jesus.” Philippians 2:3-5 (NIV)

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