

“Wrestling For Rest”

Genesis 25:22-23 – The birth of Jacob and Esau.

- Jacob stole the birthright & blessing from Esau.
- Esau threatens to kill Jacob after Isaac’s death – **27:41**
- Jacob flees to Uncle Laban, and stays 20 years.
- Jacob decides to return to Canaan, but afraid of Esau’s threats.

Genesis 32:24 – Jacob wrestles with God ... a “*Christophany*” ...

God in human form ... Jesus! **32:30**

- Jacob’s “*tired*” & won’t find “*rest*”, until he gets right with God.
- Have you ever “*wrestled*” with God over something? It’s “*tiring*”!
- 32:25** – God let Jacob “*win*”, to later show Jacob who was “*Boss*”.
- 32:26** – Jacob got the 1st blessing through self-effort, but it didn’t satisfy him or give him peace and “*rest*”.
- Jacob now wants GOD’S blessing on his life ... he’s “*tired*”!
- 32:27** – God wanted Jacob to think about his past ... “*Did it work?*”
- 32:28** – Who is going to “*rule*” in Jacob’s life? Will you let God get “*control*” of your life? That makes you a “*winner*”!
- 32:29** – Satan wants to “*side-track*” you from God’s “*blessing*”.
- 32:30-31** – Jacob had a changed HEART – Psalm 51:10

Matthew 11:28-30 – Are you “*tired*”? ... Like Jacob, running and ruining your own life? Jesus offers “*blessed rest*”.

11:28 – Why do we “*run the other way*”?

- Jesus offers you ... Physical, Emotional, Spiritual “*rest*”.
- 11:29** – Jesus will “*yoke up*” with you ... share the “*burden*”.
- Jesus can make your “*burden*” LIGHTER, and give you a LIGHTER “*yoke*” – **11:30**

11:29 – “*learn from Me*” – You can “*learn*” that Jesus is better at solving problems than you are ... He can carry more “*load*” ... He can give peace and meaning to your life.

CONCLUSION:

- 1 Are you “*burdened*” down with SIN?
- 2 Do you need “*rest*” and God’s “*blessing*”?
- 2 SURRENDER!